



Mathematical Problem-Solving Process Reviewed from Emotional Intelligence through Metacognition: A Literature Review

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Abstract: Mathematical Problem Solving Reviewed from Emotional Intelligence through Metacognition: A Literature Review. Metacognition is an essential part of the math problem-solving process, with emotional intelligence helping to maintain student consistency and focus. **Objectives:** This study aims to provide an overview of research related to the role of metacognition in mathematical problem solving, particularly from the perspective of emotional intelligence, in the period 2013 to 2024. It focuses on how emotional intelligence affects monitoring, evaluating, and controlling cognitive states and regulating students' interpersonal interactions in problem-solving. **Method:** This study used the PRISMA Method (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) to select relevant literature. Data analysis was conducted with the help of VOSViewers and Bibliometrix R-Package software, which enabled the mapping of relationships between variables and identifying major trends in research. This study focused on articles that explored metacognition in mathematical problem-solving and the impact of emotional intelligence on this process. **Findings:** The results of this literature review show a 1.21% decrease in metacognition research trends from 2013 to 2024. Metacognition is connected to student variables, cognitive systems, problem-solving strategies, working memory, self-efficacy, active learning, and reflection. The integration of metacognition and emotional intelligence emphasizes their role in mathematics education. **Conclusion:** This study provides insights for further research on mathematics problem-solving regarding emotional intelligence through metacognition. In addition, variables such as active learning, problem-solving skills, math anxiety, student characteristics, and math awareness can be used as research references relevant to the current generation.

Keywords: metacognition, mathematics, problem-solving, emotional quotient.

▪ INTRODUCTION

Students' thinking skills are closely related to information and knowledge management. Meanwhile, the ability to control and regulate one's thinking processes is commonly called metacognition. Metacognition refers to the general human ability to think about their own thinking processes (Masnia et al., 2023; Porumb & Manasia, 2015). Optimizing learning through metacognition creates a productive and competitive learning environment. When students can develop their own thinking processes, they can identify and evaluate their understanding, thereby helping them become more adaptive, independent, and reflective learners in every aspect.

Metacognition consists of the prefixes "meta" and "cognition," first introduced by John Flavell in 1976. "Meta" is a prefix meaning "beyond" or "after" cognition. Adding the prefix "meta" to cognition reflects the idea that metacognition is defined as cognition about cognition, knowledge about knowledge, or thinking about thinking (Anderson, 2008; Mahdavi, 2014; Wellman, 1985). Students' metacognition refers to their knowledge and awareness of their cognitive processes and activities (Mahdavi, 2014). Livingston

(1997), as cited in Prasetyoningrum & Mahmudi (2017), provides a more straightforward definition of metacognition as "thinking about thinking," which means reflecting on one's own thinking processes. It can be interpreted that the process of metacognition involves reflecting on one's own thinking objects or knowing what is known and what is not. Metacognition has two main components: metacognitive knowledge and metacognitive experience or regulation (Kurniawan & Wijayanti, 2022). Metacognitive knowledge is defined as an understanding of thinking processes and awareness of cognitive strategies and processes, enabling individuals to organize and manage their learning activities more effectively. Hamid and Abdullah state that metacognitive knowledge refers to knowledge related to what should be done in specific situations, thus enabling individuals to define their knowledge and thinking accurately (Irdayani et al., 2020). Metacognitive experience is a critical component in controlling cognitive activities and achieving learning goals or problem-solving. Metacognitive experiences allow for concurrent or 'on-line' monitoring during task performance (Brick et al., 2015). They include metacognitive feelings, which inform the individual about task performance in the form of a feeling, such as feelings of difficulty, and tend to be implicit in nature (Brick et al., 2015; Efklides, 2006). According to Schraw and Moshman, the three main components of metacognitive experience are planning, evaluation, and monitoring. These three components are closely related to the problem-solving indicators, according to Polya (1973).

Basic skills that students need to develop include problem-solving abilities. Problem-solving is defined as a cognitive process that focuses on accomplishing an objective for which the students do not primarily know a solution technique (Rahman, 2019). Meanwhile, Mathematical problem-solving has long been seen as an essential aspect of mathematics, teaching mathematics, and learning mathematics (Siagian et al., 2019). A primary goal of mathematics teaching and learning is to develop students' ability to solve complex mathematics problems (Fernandez et al., 1994; Zhou et al., 2019). Based on the description of metacognition and problem-solving above, it can be concluded that metacognition is related to mathematical problem-solving ability. Students with good metacognitive abilities in problem-solving will also positively impact their learning process and achievements (Mayasari et al., 2018; Ormrod, 2006; Özcan, 2014). Metacognitive abilities enable students to recognize, understand, and regulate their thinking processes when encountering mathematical problems. With a better understanding of how they think and learn, students can develop effective strategies for problem-solving and enhance their overall academic performance. This indicates that metacognitive abilities in problem-solving are crucial factors in improving the quality of mathematics learning and students' achievements.

Problem-solving involves high-level thinking where students must apply the knowledge and skills they have learned to solve existing challenges through steps that include understanding the problem, devising a problem-solving plan, implementing the plan, and reviewing (Alfiyah & Siswono, 2014; Anggo, 2011; Damayanti et al., 2020; Kurniawan & Wijayanti, 2022; Polya, 1973; Safitri et al., 2020; Sari et al., 2021). Students must be taught mathematical problem-solving skills to optimize their thinking skills (Kartika & Firmansyah, 2018; Riani et al., 2022). This aligns with the concept of mathematics, which provides a structured framework that uses established rules, ideas, and techniques. Mathematics is a natural science that requires a thinking process to control what is thought and what is done (Safitri et al., 2020).

In addition, emotional intelligence also plays a crucial role in mathematical problem-solving abilities. Emotional intelligence encompasses the ability to self-motivate and persevere through frustration, control impulses, avoid exaggerating pleasure, regulate mood, and manage stress to ensure it does not impair cognitive skills, empathy, and prayer (Goleman, 2002, p. 43). Furthermore, Goleman emphasizes that emotional intelligence is the ability to manage one's emotional life with intelligence, maintaining emotional harmony and appropriate expression through self-awareness, self-control, self-motivation, empathy, and social skills (Goleman, 2002). emotional intelligence (EQ) is an individual's ability to monitor, manage, and effectively use emotions in oneself and others, utilizing skills such as self-awareness, self-control, self-motivation, empathy, and social skills. Emotional intelligence is one of the intelligence that influences a person's cognitive abilities (Nurjamil & Saepulloh, 2023). This is likely due to the fact that the processes involved in emotional intelligence, such as the perception, understanding, and regulation of emotions, require a high degree of self-awareness and self-reflection, which are critical to the effective use of metacognitive strategies (Brackett et al., 2011; Drigas & Papoutsis, 2018; Mayer et al., 2000; Mayer & Salovey, 1993). Students with high emotional intelligence tend to manage their emotions, enabling them to maintain calmness and concentration when facing complex problems. Uncontrolled emotions can hinder one's intelligence. Individuals cannot fully optimize their cognitive potential without the ability to manage emotions. Thus, enhancing emotional intelligence also plays a role in improving cognitive skills because both are interconnected and contribute to achieving success. This suggests a relationship between emotional intelligence and mathematical understanding (Israria & Misu, 2014). Through metacognitive practices, where students actively regulate their thoughts on how they understand and solve mathematical problems, emotional intelligence becomes crucial in enhancing the quality of mathematical problem-solving.

Based on the discussion above, the researcher has formulated several vital questions: How has the trend in metacognition research in mathematics evolved over the decade from 2013 to 2024? What is the relationship between metacognition of mathematics and problem-solving when viewed through emotional intelligence? Additionally, what other variables are currently trending in research on metacognition of mathematics?

This literature review examines the overview and publications related to metacognition of mathematics over a decade from 2013 to 2024. It will illustrate the research trends in metacognition, highlighting various variables that have been studied and exploring opportunities for new research on metacognition with other variables. The study also provides insights into the relationship between mathematical problem-solving processes viewed through the lens of emotional intelligence via metacognition.

▪ **METHOD**

Research Design

This study uses a literature review approach with bibliometric analysis design to evaluate research trends related to metacognition in mathematics problem-solving through emotional intelligence from 2013 to 2024. Bibliometric analysis was performed following the methodology outlined in (Donthu et al., 2021) using the Bibliometrix package in R (Aria & Cuccurullo, 2017). Bibliometrix is an open-source tool for

performing bibliometric and scientometric analyses using the R programming environment. It provides tools for quantitative research in bibliometrics, allowing researchers to conduct science mapping and statistical analyses (Aria & Cuccurullo, 2017). This design was chosen because it will enable researchers to identify patterns, categorize, and analyze various variables related to the topic under study, thus providing a comprehensive view of the development of literature in this field. In addition, VOSviewer (version 1.6.19) (van Eck & Waltman, 2010) was also used to construct and visualize bibliometric networks, which facilitates visualization and mapping of research networks.

Search Strategy

This study's literature search was conducted in English using the Scopus academic database. Scopus was chosen due to its comprehensive coverage, indexing over 14,000 titles in Science, Technology, and Medicine (STM) and social sciences from 4,000 publishers, making it the largest indexing and abstraction database (Burnham, 2006). Scopus covers publications from 1788 to 2019, covering literature from different regions, including Europe and Asia-Pacific, in English and non-English (Burnham, 2006; Kaas et al., 2018). Scopus also covers various disciplines and considers various bibliometric indicators, citation information, abstracts, keywords, funding details, and references for each article.

The literature search strategy was conducted using the Scopus database. The keywords used in the search included "Metacognition of Mathematics" and "Emotional Intelligence & Mathematics." The search used the title, abstract, and keywords of articles published from 2013 to 2024. A total of 416 documents from 240 sources of pertinent scientific literature and 78 documents from 66 sources of pertinent scientific literature were obtained from this search.

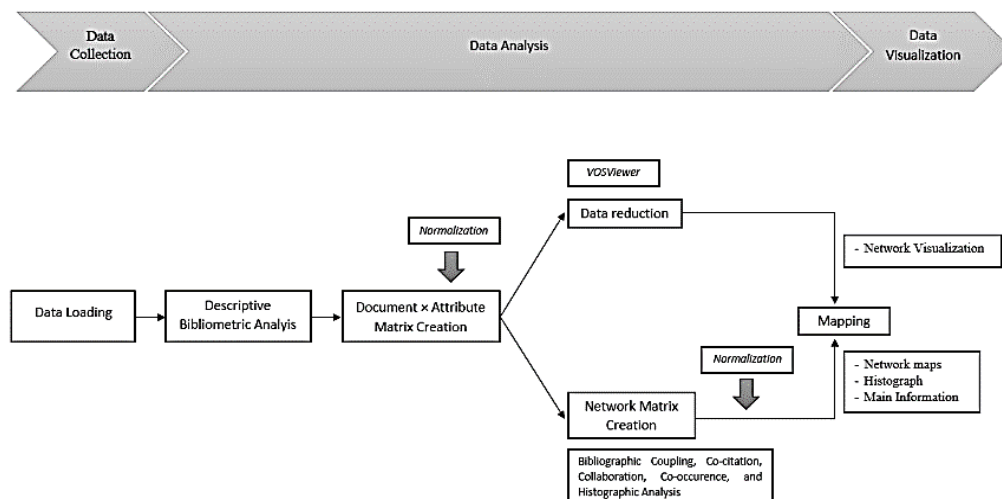


Figure 1. Mapping workflow

Inclusion and Exclusion Criteria

Inclusion criteria in this study include (1) Articles published in Scopus-indexed journals, (2) Articles relevant to the topic of metacognition and emotional intelligence in

the context of mathematical problem solving, (3) Articles published between 2013 and 2024, and (4) Articles available in full text. Exclusion criteria included (1) Articles that were not available in full text, (2) Articles that were not written in English or Indonesian, and (3) Articles that were not relevant to the research topic despite appearing in the initial search results.

Data Analysis

The data obtained from the literature search was analyzed using bibliometrix analysis method assisted by VOSviewer and Bibliometrix R-Package software. This analysis includes the evaluation of co-citation, keyword co-occurrence, and bibliographic coupling. VOSviewer was used to visualize the bibliometrix network, including analysis of relationships between authors, institutions, and countries collaborating in this study. In addition, thematic analysis was also conducted to identify the main topics in the literature related to metacognition and mathematical problem-solving (van Eck & Waltman, 2023). Network visualization and topic density are detailed (van Eck & Waltman, 2014).

By integrating Bibliometrix and VOSviewer, we simplified the bibliometric analysis process and produced an attractive visual representation of the collected data. We used VOSviewer to reduce the data related to "mathematical metacognition" and "emotional intelligence & mathematics" by selecting keywords relevant to the research title. The data reduction results, displayed in Table 1 and Table 2, were then further analyzed using VOSviewer software.

Table 1. Selected keyword metacognition in VOSviewers

Include Keyword	Reduce Keyword
Metacognition	Human
Mathematics	Humans
Students	Male
Problem-Solving	Female
Cognitive systems	Learning
Education	Child
Cognition	Article
Psychology	Human experiment
Controlled study	Adolescent
Decision making	Adult
Skill	Teaching
Student	Physiology
Mathematics education	Major clinical study
Motivation	Judgment
Mathematical problem solving	Academic achievement
Mathematical phenomena	Preschool child
Self-control	Priority journal
Self-control	Executive function
Metacognitive	Learning disorder
Working memory	Arithmetic
Self-regulated Learning	Reading
Stem (science, technology, engineering, and mathematics)	Learning systems

Metacognitive monitoring	Young adult
Mathematics learning	Mathematical concepts
Mathematical problems	Comprehension
Self-regulation	Language
Knowledge	Calibration
Metacognitive awareness	Clinical article
Metacognition skills	Monitoring
Problem-based learning	Questionnaire
Cognitive process	Research subjects
Confidence	Achievement
Academic performance	Teacher
Problem-solving	Computer-aided instruction
Metacognitive knowledge	E-learning
Stem	Technology
Self-assessment	Junior high schools
Metacognitive skills	Creativity
Mathematics anxiety	Education computing
Self-efficacy	Artificial intelligence
Reflection	Data collection
Metacognitive strategies	Qualitative research
Active learning	Surveys
	Writing
	Engineering education
	Qualitative approach
	Learning strategies
	Scaffolds
	Assessment
	Gender differences
	Mathematics achievement
	Mathematics teachers
	Number sense

Table 2. Selected keyword emotional intelligence and mathematics in VOSviewers

Include Keyword	Reduce Keyword
Emotional Intelligence	Teaching
Mathematics	Education computing
Students	Male
Academic achievement	Female
Student	Article
Education	Adolescent
School	Physiology
Primary education	
Human	
Humans	
Child	

▪ **RESULT AND DISSCUSSION**

Four hundred and ninety-four (494) studies were collected through a search on Scopus. Only Scopus was chosen because of its broad scope, indexing over 14,000 titles in Science, Technology, and Medicine (STM) and social sciences from 4,000 publishers, making it the largest indexing and abstraction database (Burnham, 2006). Of the 494 research articles collected, there were two keywords: 416 articles "Metacognition of Mathematics" and 78 articles "Emotional Intelligence and Mathematics". Then, the final stage was "data visualization," shown in Figure 1. From the results of bibliometrix and VOSviewer analysis, several themes were obtained, namely: (1) Overview of metacognition within bibliometrix analysis, (2) Trends of metacognition topics, (3) Co-Citation Network, (4) Countries' Collaboration World Map Metacognition of Mathematics, (5) Network Visualization VOSViewer on Metacognition of Mathematics, (6) Emotional Intelligence & Mathematics in VOSViewers.

Theme 1 : Overview of Metacognition Within Bibliometrix Analysis

The Overview presents a summary of the results of the bibliometrix analysis, including the number of publications, authors, and journals involved, as well as key statistics such as publications per year and citation distribution. It also identifies research trends and patterns and provides data visualizations to understand research dynamics and relationships between data elements easily.

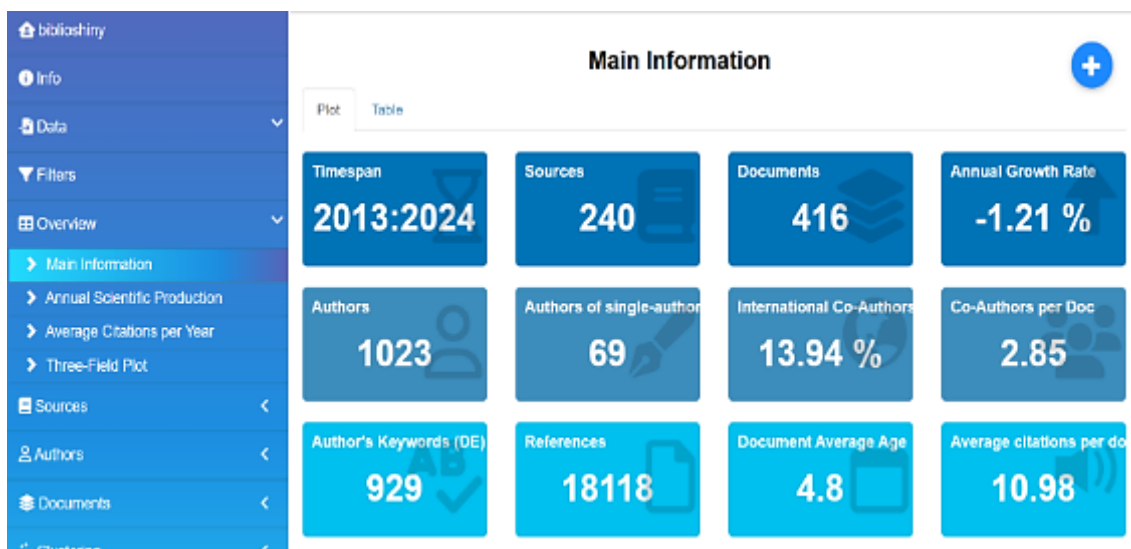


Figure 2. Main information

Figure 2 shows the information related to articles focusing on metacognition of mathematics. We can observe that over the past decade, from 2013 to 2024, 416 articles were published in Scopus from 240 sources with 1023 authors. Additionally, it reveals that metacognition of mathematics has drawn the attention of various international researchers, with 13.94% of all articles involving international collaborations.

The data shows that each article on average involves 2.85 co-authors, indicating significant teamwork in advancing knowledge in this field. Furthermore, 929 author keywords (DE) were used to identify critical mathematics metacognition-related topics,

demonstrating the diversity and complexity of research approaches. The references cited in this literature reach 18118, confirming a broad scientific foundation used to support development and analysis in this topic. With an average document age of 4.8 years, this bibliometric analysis highlights the contemporaneity of the literature supporting research on metacognition of mathematics, indicating that this topic remains relevant and evolving despite a slight annual growth rate decline of 1.21%.

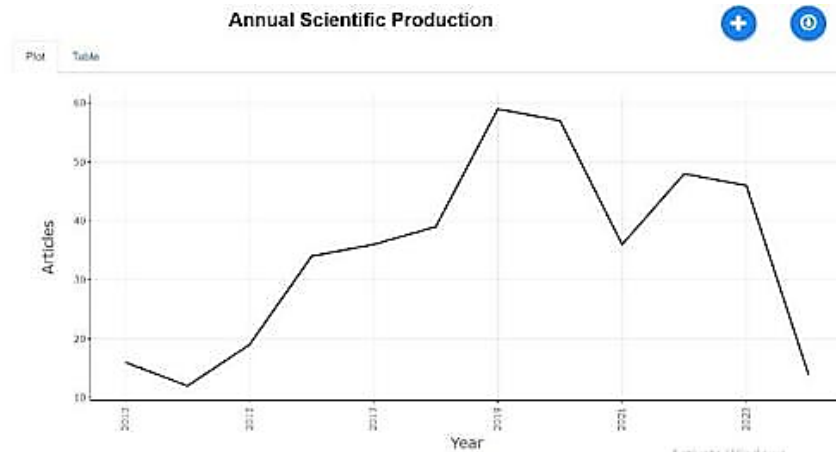


Figure 3. Annual scientific production

Figure 3 presents data on articles about metacognition of mathematics published per year. The graph above shows that publications on metacognition of mathematics experienced a significant increase from 2014 to 2019. This could be attributed to the growing recognition of the importance of metacognition in learning processes and cognitive development. 2021, there was a sharp decline in the number of publications, dropping from 57 in 2020 to 36 in 2021. This decline is likely due to the initial impact of the COVID-19 pandemic, which disrupted many aspects of life, including academic research. The global prevalence and burden of mental health issues, exacerbated by the COVID-19 pandemic, have raised significant concerns about the potential impact on metacognition (Santomauro et al., 2021). However, in 2022, the trend of metacognition in mathematics saw an increase again, although not as substantial as in 2019. It can be concluded that the research trend on metacognition of mathematics has experienced a shift in interest. Researchers need to understand and analyze research trends in the field of metacognition as a basis for planning future research endeavors.

The graph above shows the average citations per year. The average citations peaked in 2014, with about five citations per year on average for publications that existed in that year. After the peak in 2014, there was a sharp decline in average citations until around 2016. From 2016 to 2019, there were fluctuations in average citations, with slight increases in some years but no return to the peak in 2014. After 2019, the graph shows a continuing downward trend until 2024, with very low average citations at the end of this period.

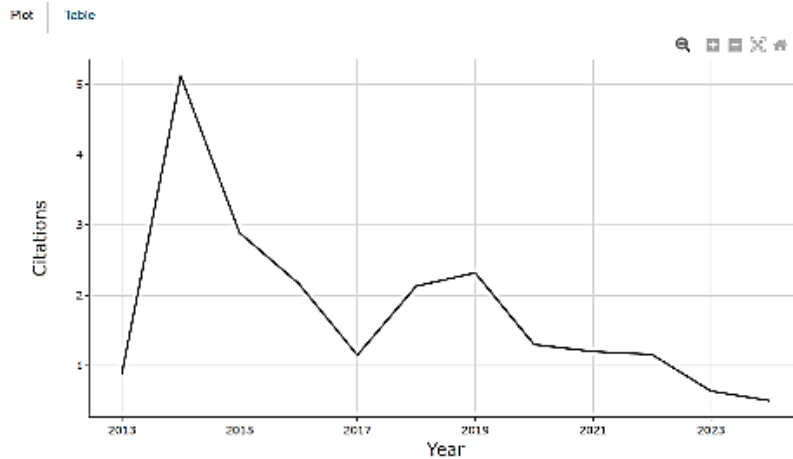


Figure 4. Average citations per year

Theme 2. Tren Topic Metacognition

Topic trends in bibliometrix show patterns and changes in research focus through the analysis of bibliometric data, such as publications, citations, and keywords. By analyzing this data, bibliometrix helps identify how research interests evolve over time, illustrates the relationship between authors and topics, and maps changes in research focus and collaboration. As shown in figure 5.

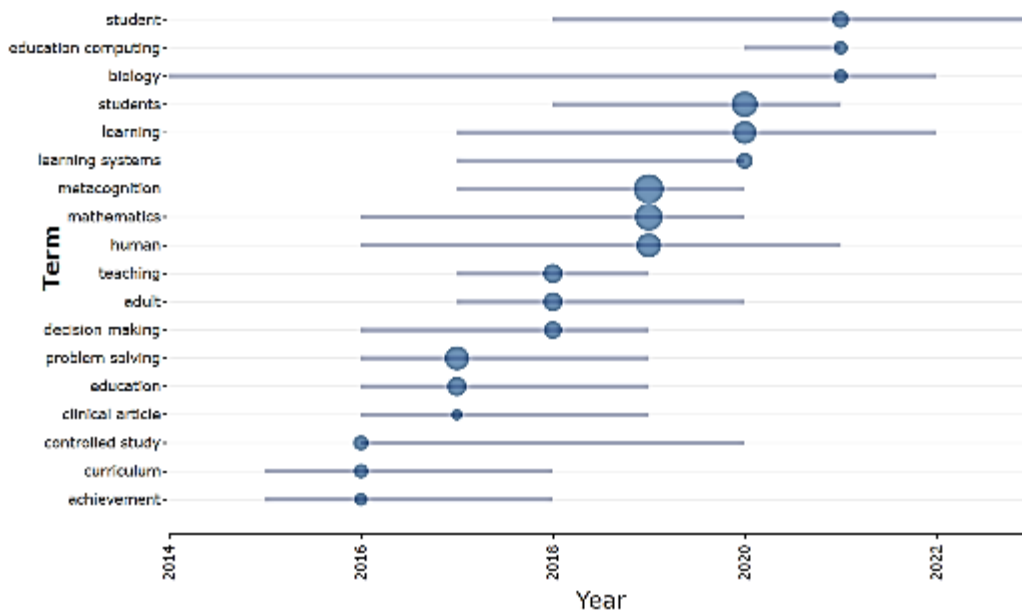


Figure 5. Tren topic metacognition

Figure 5. shows the trend of research topics related to metacognition in the context of mathematics from 2014 to 2022. The graph shows that the topics of "metacognition" and "mathematics" started to receive increased attention around 2016 and continued to grow until 2022. This topic is often associated with other terms such as "learning systems," "problem-solving," and "decision making," indicating that research on

different authors or research groups. For example, Flavell J.H. 1979-1 is a node in the co-citation network representing scholarly work frequently cited with other works in academic literature, categorized within the first cluster (red). This indicates that Flavell J.H.'s work is often cited alongside works within the same group or topic. Another example is Ohtani K. 2018, included in the co-citation network's fourth cluster (purple). This suggests that Ohtani K.'s work is frequently cited with other works grouped within this cluster, indicating a close relationship in a specific topic or theme related to the metacognition of mathematics. Understanding these nodes and their clustering in the co-citation network helps identify communities of researchers or particular topics that are prominent in academic literature, providing insights into the interconnectedness and influence of specific works in the field of research.

Theme 4. Countries' Collaboration World Map Metacognition of Mathematics

The World Country Collaboration Map in the context of research on metacognition in mathematics illustrates how different countries work together to study and develop knowledge in this area. The map shows the international network of collaborations between countries contributing to the study of metacognition in mathematics, with lines connecting countries based on the number and intensity of their collaborations. Through this map, it is possible to identify countries leading the way in mathematics metacognition research and how knowledge and innovations in this field are shared worldwide. By understanding global collaboration patterns, researchers can see how ideas and approaches in mathematical metacognition spread and develop internationally, as well as identify potential partnerships and opportunities for further research.

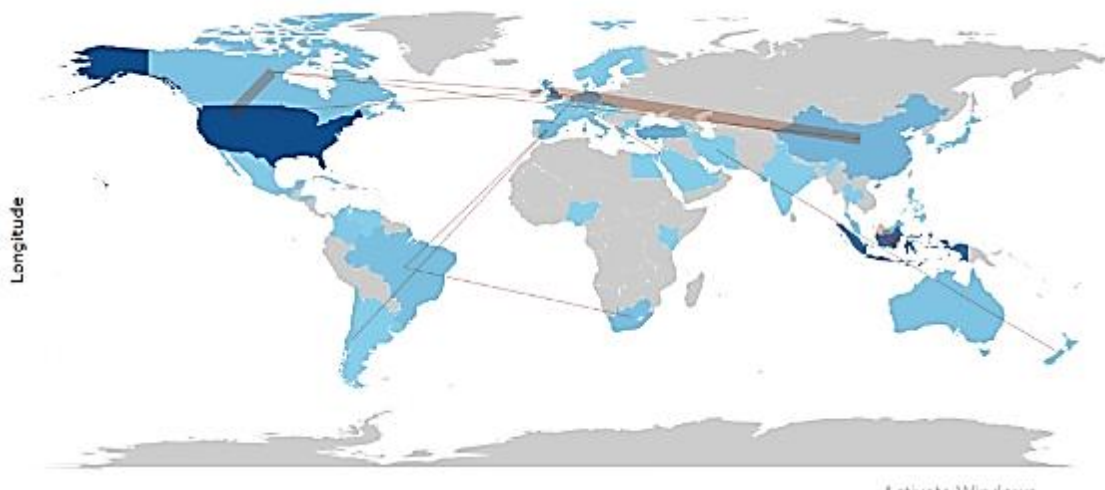


Figure 7. Total citations per country

Figure 7 depicts the collaboration network among 48 productive countries in research on metacognition of mathematics from 416 Scopus search results. The thickness between the two countries indicates the strength of collaboration between them. The nodes' size also represents each country's contribution (larger nodes indicate higher contribution in terms of co-authorship collaboration). Items with the same color indicate

their relatedness (i.e., within the same cluster). In the figure, there are connecting lines between countries, which represent the frequency of collaboration. The line's thickness indicates whether the collaboration frequency is high or low. If the frequency of collaboration between two countries in the context of research on "metacognition of mathematics" the line is thick, then the frequency of collaboration is high; for example, "Indonesia to Malaysia with high frequency" indicates that there are many documents or studies where researchers or institutions from both countries are actively collaborating in research on metacognition of mathematics. This pattern also applies to other countries.

Theme 5. Network Visualization VOSViewer on Metacognition of Mathematics

Network Visualization using VOSviewer provides a comprehensive visual overview of the structure of metacognition research in mathematics. VOSviewer facilitates the mapping of collaboration networks between researchers, institutions, and countries, displaying how they are connected through joint publications. In addition, the tool illustrates relationships between keywords, identifying how key terms in metacognition research are interconnected, which helps in finding key themes and concepts. VOSviewer also enables citation network analysis to identify important works and key trends in the field. By grouping articles and authors based on similar themes, the tool provides an understanding of the research structure and emerging areas. Overall, VOSviewer helps understand mathematical metacognition research dynamics by uncovering patterns, relationships, and emerging trends in the scientific literature.

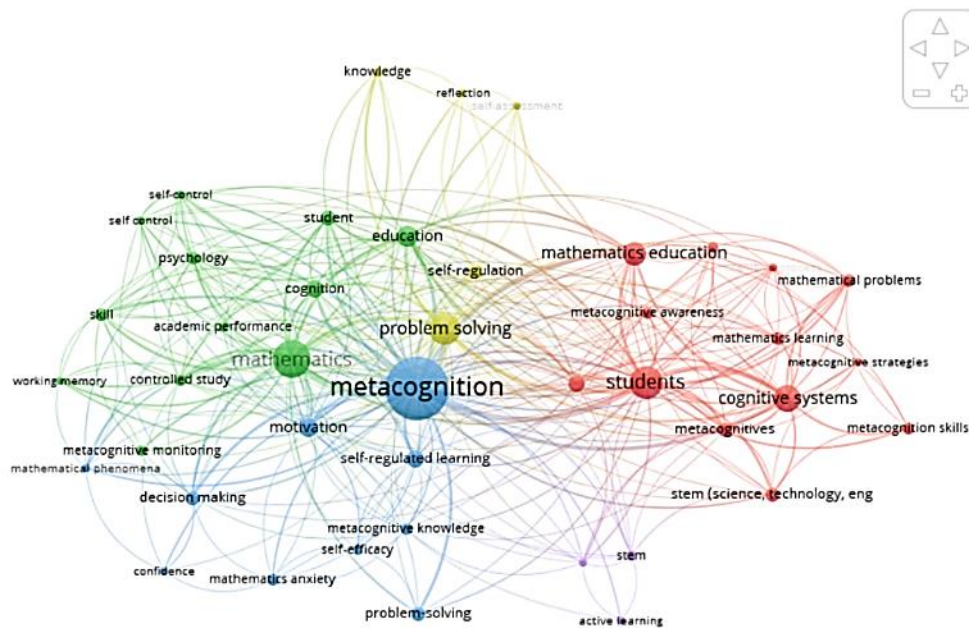


Figure 8. Network visualization VOSViewers

Figure 8 depicts the main themes with related research variables in articles on metacognition of mathematics between 2013 and 2024. Five clusters categorize metacognitive variables based on interconnected terms highlighted in blue, red, yellow,

green, and purple. The clusters of keywords are depicted based on their frequency of co-occurrence in articles or literature, reflecting common topics or themes in the context of research on metacognition of mathematics. For example, in the first cluster (Blue), keywords such as "metacognition," "motivation," "problem-solving," "metacognitive knowledge," etc., are grouped. Keywords within the same cluster indicate their frequent appearance together in articles or research on metacognition of mathematics. For instance, "metacognition" and "problem-solving" are often closely associated with understanding how metacognition influences students' abilities to solve mathematical problems, as explored in studies such as those conducted by (Rusmini et al., 2020) "Analysis of the role of metacognition based on process complex problem solving against the mathematical understanding of statistics in the era pandemic COVID-19", (Cozza & Oreshkina, 2013) "Cross-Cultural Study of Cognitive and Metacognitive Processes During Math Problem Solving," etc.

Using clustering systems, researchers can observe how different concepts are interconnected and how these relationships evolve in academic literature. For example, an increased association between "self-regulation" and "problem-solving" may indicate that research is exploring more deeply how students' self-regulation affects their abilities in solving mathematical problems, or there might be new approaches to understanding the relationship between these two concepts.

In the figure, there are also data points representing variables of different sizes; the more significant the variable point, the more frequently it is used. Thus, we can infer that variables such as "student," "mathematics," "cognitive systems," and "problem-solving" are commonly utilized by researchers in studying metacognition of mathematics.

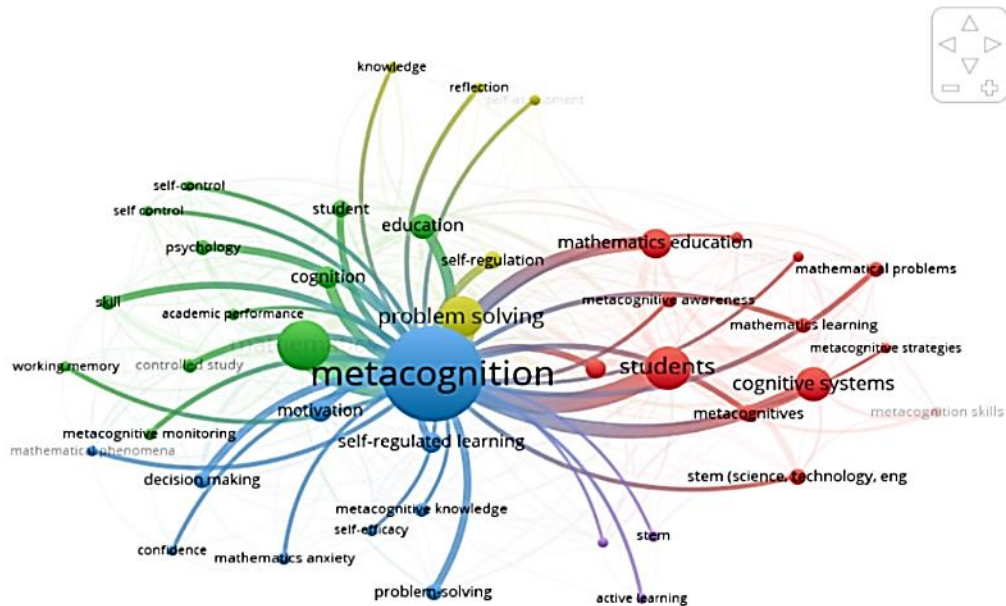


Figure 9. Metacognition on network visualization VOSViewers

In Figure 9, variables that researchers have used in studies of metacognition of mathematics are presented. The proximity and thickness of the lines connecting two variables indicate how frequently they appear together. Metacognition is connected to

can identify significant trends in research on emotional intelligence and mathematics, including areas that have been extensively researched and gaps that may exist in the literature. It also helps identify research clusters or sub-fields that combine these two topics.

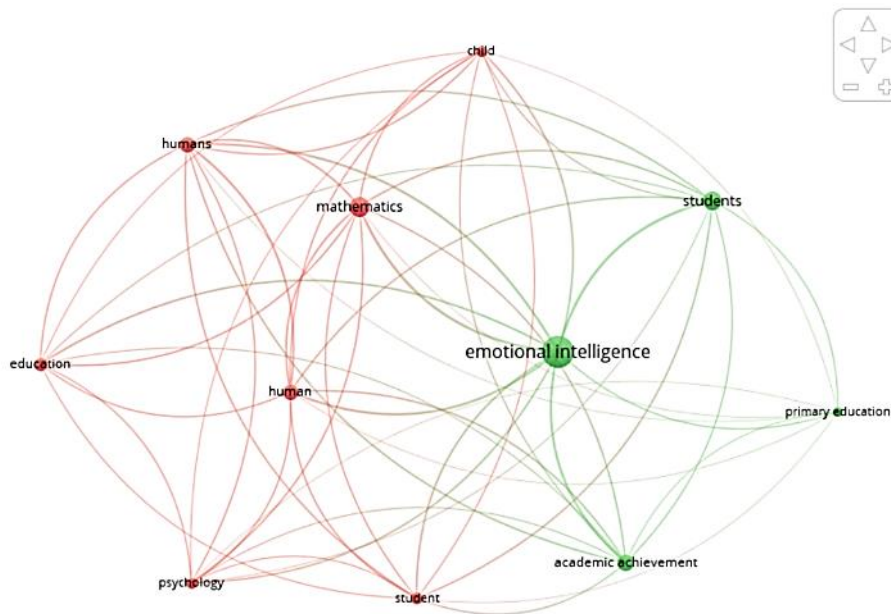


Figure 11. Network visualization VOSViewers of emotional intelligence & mathematics

Figure 11 shows a visual network representation of emotional intelligence and mathematics over the past decade. In the last ten years, 79 newly published articles on emotional intelligence and mathematics in Scopus have been published. Variables associated with emotional intelligence include mathematics, human, student, academic primary education, students, child, humans, education, psychology, and human.

Meta-Theme. Mathematical Problem-Solving Process Reviewed from Emotional Intelligence through Metacognition

The analysis results conducted through VOSviewers and Bibliometrix R-Package show a comprehensive picture of the development of metacognition research in mathematics. Based on the findings obtained, it was found that the trend of metacognition research in mathematics continued to increase from 2013 to 2019 and experienced a significant decline from 2020 to 2021. Still, the trend of metacognition in mathematics again attracted the attention of researchers in 2022; overall, according to Figure 2, the trend of metacognition in mathematics decreased by 1.21%. Articles on Scopus show that many researchers agree that metacognition in mathematics affects the problem-solving process, this can be seen in Figure 8 and Figure 9, where the variables of metacognition and problem-solving are often used together in research, thus showing a close relationship between understanding the thinking process (metacognition) and the practical ability to solve mathematical problems (problem-solving). Further research can deepen the understanding of how the interaction between these two concepts affects the quality of mathematics learning at various levels of education. One factor that has been found to

play a crucial role in mathematical problem-solving is metacognition, which refers to an individual's awareness and regulation of their own cognitive processes. Metacognition allows students to monitor their understanding, identify weaknesses, and adaptively employ appropriate problem-solving strategies (Jiang et al., 2021). This research integrates two main concepts: metacognition, which involves self-awareness of thinking processes, and emotional intelligence, which includes the management of emotions and motivation. Both concepts are crucial for effective mathematics learning in problem-solving contexts.

The variables that are the latest research trends shown in Figure 10, including active learning, problem-solving, mathematics anxiety, student, and mathematics awareness, are included in the renewal of research on the theme of metacognition in mathematics. These trends indicate a greater focus of researchers on approaches that actively engage learners in the learning process and provide new insights into how to overcome mathematics anxiety and develop metacognitive awareness in the context of mathematics. Furthermore, Figure 11 highlights the relationship between emotional intelligence and mathematics learning. The findings show that variables related to emotional intelligence such as emotional intelligence and psychology often appear in the context of mathematics learning, indicating the importance of considering non-cognitive aspects in mathematics education. This emphasis on non-cognitive aspects is enlightening and encourages a more holistic approach to mathematics education. Moreover, both metacognition and emotional intelligence have been associated with various positive outcomes, including academic achievement, social competence, and workplace success (Brackett et al., 2011; Mayer et al., 2000; Mayer & Salovey, 1993; Nkeobuna Nnah Ugoani., 2021). It can be concluded that there is a connection between the process of solving mathematical problems in terms of emotional intelligence through metacognition. This indicates that further research in this connection can provide new insights on how to improve mathematics teaching by paying attention to the emotional aspects of students.

▪ **CONCLUSION**

Based on the analysis using VOSviewers and Bibliometrix R-Package, research on metacognition of mathematics has shown a decline of 1.21% over the decade from 2013 to 2024. Nevertheless, researchers have widely recognized the importance of metacognition in mathematical problem-solving processes. Studies indicate that variables of metacognition and problem-solving are frequently used together, suggesting a close relationship between understanding cognitive processes (metacognition) and practical abilities to solve mathematical problems. This study also emphasizes the integration between metacognition and emotional intelligence in the context of mathematics learning. Findings that emotional intelligence variables such as emotional intelligence and psychology often appear in the literature on mathematics education highlight the need to consider non-cognitive aspects in mathematics teaching strategies. Previous research has shown that metacognition and emotional intelligence positively contribute to academic achievement, social competence, and workplace success. Therefore, the findings of this study can serve as a reference for other researchers to conduct related research based on the analysis by the researchers. Additionally, opportunities for other variables related to metacognition as references for other researchers, which have not been extensively explored by previous researchers but are relevant to current generational trends, include

active learning, problem-solving, mathematics anxiety, student, and mathematics awareness.

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